



Menu* Day Camp 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH	Beef & cheese sub (BAGUETTE) Veggie pasta salad	Roll with tofu & crispy veggies (PITA) Mexican salad	Tuna & cranberry sandwich (CROISSANT) Lemon green bean salad	Curry chicken & pepper sandwich (MARKOUK) Tabbouleh	Roll with eggs & chives (BELGIAN BREAD) Greek salad & chickpeas
	Dessert of the Day & Water A variety of desserts will be served: Brownies – Oat Cookie – Strawberry Square – Rice Krispies – Fruit Salad – Yogurt – Upside-down Cake				
SNACKS AM/PM	FRESH FRUIT APPLE & STRAWBERRY COMPOTE	FRESH FRUIT PEAR & CARAMEL MUFFIN	FRESH FRUIT RICE CAKE	FRESH FRUIT OAT & CHOCOLATE MUFFIN	FRESH FRUIT DELICOUKI

*Subject to change



Menu* Day Camp 2019

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH	Beef & cheese sub (BAGUETTE) Creamy bowtie pasta salad	Chicken pesto sandwich (MARKOUK) Mini pearl couscous salad	Tuna & cheddar (BELGIAN BREAD) Quinoa salad	Brie & grilled veggie sandwich (CROISSANT) Potato salad	Roll with smoke salmon & dill (PITA) Green beans & tomato salad
	Dessert of the Day & Water A variety of desserts will be served: Brownies – Oat Cookie – Strawberry Square – Rice Krispies – Fruit Salad – Yogurt – Upside-down Cake				
SNACKS AM/PM	FRESH FRUIT APPLE & STRAWBERRY COMPOTE	FRESH FRUIT PEAR & CHOCOLATE MUFFIN	FRESH FRUIT RICE CAKE	FRESH FRUIT APPLE & OAT MUFFIN	FRESH FRUIT DELICOUKI

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