



COVID-19 RISK ACKNOWLEDGMENT

The novel coronavirus, **COVID-19**, was declared a global pandemic by the World Health Organization. COVID-19 is extremely contagious and believed to spread mainly through person-to-person contact. As a result, local, provincial and federal government authorities recommend different measures and prohibit various behaviours in order to reduce the spread of the virus.

The **YMCAs of Québec**, on behalf of its services, programs and day camps, undertakes to comply with all requirements and recommendations from Québec public health agencies and other government authorities, and to adopt and implement all necessary measures for that purpose. However, The YMCAs of Québec cannot guarantee that you, your child(ren), or any other person for whom you are the legal guardian will not become infected with COVID-19 if you visit their sites, participate in their activities, or come into contact with someone who has visited their sites or participated in their activities. Further, visiting YMCAs of Québec sites and participating in their activities could increase your risk of contracting COVID-19, despite all the measures that have been put into place.

By signing this document:

- 1) I acknowledge the highly contagious nature of COVID-19 and that being exposed to or infected by COVID-19 can lead to serious consequences, illnesses or other afflictions. I voluntarily assume the risk that I or my minor child(ren) or any other person for whom I am the legal guardian may be exposed to or infected by COVID-19 by visiting one of the sites of the YMCAs of Québec, participating in an activity offered by The YMCAs or Québec or coming into contact with someone who has visited a YMCA site or participated in one of its activities.
- 2) I declare that my participation to The YMCAs of Québec activities, or the participation of my child(ren) or any other person for whom I am the legal guardian, is voluntary.
- 3) I declare that neither I nor my minor child(ren) nor any other person for whom I am the legal guardian nor a person in my household:
 - a. Has had cold or flu symptoms (including fever, cough, sore throat, respiratory illness or trouble breathing) in the last 14 days;
 - b. Has come into contact with a person with a COVID-19 infection in the last 14 days;
 - c. Is waiting for the result of a COVID-19 test;
 - d. Has traveled or stopped over outside of Canada in the last 14 days.
- 4) I agree that neither I nor my minor child(ren) nor any other person for whom I am the legal guardian nor a person in my household will participate in YMCAs of Québec activities for at least 14 days if one of us:
 - a. Has cold or flu symptoms; or
 - b. Has come into contact with a person with a COVID-19 infection; or
 - c. Is waiting for the result of a COVID-19 test; or



- d. Has traveled outside of Canada.
- 5) I acknowledge that this agreement will remain in effect until The YMCAs of Québec receives instructions from provincial government authorities and Québec public health agencies that indicate that the commitments expressed in this statement are no longer required and that I receive formal notice of this.

I UNDERSTAND THE PROVISIONS OF THIS DOCUMENT AND I HAVE SIGNED IT FREELY AND KNOWINGLY.

Name of participant (please print)

Name of parent/legal guardian
(if the participant is a minor or cannot
legally give their consent)

Signature of participant

Signature of parent/legal guardian

Location/Date: _____