



Tax credit for seniors' physical activities

The provincial government has established a tax credit for seniors' physical activities to encourage seniors aged 70 and up to participate in physical activities by allowing them to register at an affordable price.

Many of The YMCAs of Québec's programs are eligible:

- Memberships for seniors
- Swimming lessons
- À la carte classes

Don't forget to **keep your receipts**.

If you did not keep your receipts, please contact your local YMCA centre.

Certain conditions apply (e.g. age or income). For more information:

Revenu Québec:

http://www.revenuquebec.ca/en/citoyen/credits/activites_aines/default.aspx