



# Swim Level Assessment Aid

In the absence of a swim evaluation by a YMCA Swim Instructor, YMCA Progress Card or a progress card from another swim agency (i.e. Red Cross) the following questions should be asked to determine the approximate level of the child.

Please note: This is just an aid to help you evaluate the approximate swim level of your child. It is always advisable to consult with a YMCA swim instructor to determine the appropriate specific level. The YMCA reserves the right to evaluate your child's swimming abilities during their first lesson and adjust their level accordingly.

## How old is your child?

### Under 3 years = Splashers or Bubblers with parent

- 6-18 months = Splashers
- 18-36 months = Bubblers

### 3-5 years = Bobbers-Dippers

Can your child swim in deep water?

- No = Bobbers, Floaters or Gliders

Can your child float without assistance?

- No = Bobbers
- Yes = Floaters or Gliders

- Yes = Divers, Surfers, Dippers

Can your child swim 1 length of the pool on their front?

- No = Divers
- Yes = Surfers or Dippers

### 6-15 years = Learn to Swim or Star

Can your child swim in deep water?

- No = Otter or Seal

Can your child glide (push off wall or bottom of pool) without assistance?

- No = Otter
- Yes = Seal

- Yes = Dolphin or above

Can your child swim 3 lengths of the pool?

- No = Dolphin or Swimmer
- Yes = Star 1 or above

Does your child know how to swim breaststroke?

- No = Star 1 or Star 2
- Yes = Star 3, Star 4, Star 5, or Star 6

Can your child swim 8 lengths of the pool?

- No = Star 3 or Star 4
- Yes = Star 5 or 6

Can your child swim eggbeater forwards and backwards?

- No = Star 4
- Yes = Star 5 or 6