



Print date: 2025-09-07

## Summer 2020

From 2020-08-10 to 2020-10-11

**Monday - Friday:** 6 a.m. - 10 p.m.

**Saturday - Sunday:** 7:30 a.m. - 7 p.m.

### OPENING HOURS

Special schedule

**Monday, September 1 (Labour Day):** no Group Fitness

**Monday, October 13 (Thanksgiving Day):** no Group Fitness

### HOLIDAYS

April 18 (Good Friday) - April 20 (Easter Sunday) - April 21 (Easter Monday) - May 19 (National Patriots' Day)

### REGISTRATION START

2020-10-11

[ymcaquebec.org/aquatics](http://ymcaquebec.org/aquatics)

□ All levels | ● Beginner | ◆ Advanced | BB Baby friendly | ✍ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons - ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. I The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website [ymcaquebec.org/en/Fitness-and-Aquatic-Activities](http://ymcaquebec.org/en/Fitness-and-Aquatic-Activities) for information on all course descriptions and pre-requisites.