



Join the Cartierville Team: *I want to be a Cartierville Volunteer!*

Title	Welcome Staff Volunteer		
Centre	Cartierville		
Status	3 hours per week +		
Schedule	<input checked="" type="checkbox"/> Days	<input checked="" type="checkbox"/> Evenings	<input checked="" type="checkbox"/> Weekends
Department	Health, Fitness and Recreation		
Reporting To	Coordinator, Conditioning Room		

Our Cartierville Y centre is presently looking for **Welcome Staff Volunteers**. As a **Welcome Staff Volunteer**, you will provide quality member service by creating a safe and welcoming environment for all YMCA members. You will be approachable and visible throughout the weight room as you are a key resource within the facilities. You will oversee the activities in the cardio and weight rooms in order to ensure the safety and well being of all members. You will inform and encourage members to lead a healthy lifestyle.

You will benefit by volunteering at the Cartierville Y centre by:

- having a meaningful, positive impact on the local community;
- sharing your passion for fitness and well-being with YMCA members;
- growing and developing in fitness with certifications opportunities;
- inspiring others to lead a healthier lifestyle;
- developing interpersonal and communication skills;
- meeting and networking with individuals from a variety of different backgrounds.

As a **Welcome Staff Volunteer**, you will be primarily responsible for:

- being available and welcoming to members at all times;
- being attentive and willing to help members when in need of assistance;
- circulating around the weight room to converse with members and offer support;
- welcoming and orienting new members to the facility;
- addressing members' questions and concerns (if unaware of answer, directs member to the appropriate individual);
- assisting with spotting.

The successful candidate will have:

- HeartSaver/CPR Certification (renewed annually);
- bilingualism (spoken);
- 18 years of age +;
- First Aid Certification (an asset).

** Please note that all successful candidates will be required to provide copies of certifications*

If you are interested in being part of a dynamic team and developing your skills while embarking on the adventure of setting up a new centre, we would love to hear from you!

Please send your CV and cover letter to:

Eric Cyr,
Coordinator, Conditioning Room
Email: eric.cyr@ymcaquebec.org
Fax: 514-313-1167

Please note that only applicants under consideration will be contacted. If you are not contacted, please accept our utmost appreciation in your interest.